

Redbridge Sports & Leisure

Forest Road
Barkingside

Essex IG6 3HD

Tel.: 020 8498 1010

Fax: 020 8498 1020

Email: info@rslonline.co.uk

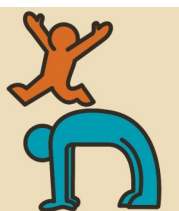
Web: www.rslonline.co.uk

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Redbridge Sports & Leisure are pleased to offer the Multi Sport programme for children to participate in during the February half term. All the children that take part in the programme will experience professional coaching within excellent facilities.

The Multi Sport programme is an excellent combination of all the sports we offer including trampoline, kick-boxing, football, cricket, badminton and fun games for the younger ones. The priority for our programme is to provide enjoyment for your child whilst learning new sports and social skills. Specialist courses are also available in a combined course of Football & Tennis, Trampoline, and a newly added course, boxing.



Children can develop both skills and interest in their favourite sport, and you will be safe in the knowledge that their participation will add to your child's healthy lifestyle.



Multi-Sports 13th - 17th February		
Age: 5-14 years 9.30am-3.30pm		
MS1	£ 78.50	Member
	£ 85.00	Non-member
Extended Multi-Sports 8am-6pm		
MSE1	£104.00	Member
	£110.50	Non-member

Gymnastics		
13th - 17th February		
G1		
Age: 4-7 years 10.00am-11.00am		
	£ 23.50	Member
	£ 26.60	Non-member
G2		
Age: 8-12 years 11.00am-12noon		
	£ 23.50	Member
	£ 26.60	Non-member

Trampoline Course 13th - 17th February		
Age: 7 years & over 10am-12noon		
T1	£41.50	Member
	£47.00	Non-member

Colin McMillan's Junior Boxing Course		13th - 17th February	
Age: 11 - 16 years	2.00pm - 3.30pm	£37.50	Members/Non Member

PLEASE BE AWARE THAT ALL CHILDREN TAKING PART IN ANY OF OUR MULTI -SPORT COURSES MUST BE 5 YEARS AND OVER AT THE TIME OF BOOKING

For further information regarding these courses, please see our Website:
www.rslonline.co.uk
or call Bookings on 020 8498 1010

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**DID YOU KNOW -
RSL RUN JUNIOR COURSES THROUGHOUT THE
YEAR (in 10-week cycles) IN THE FOLLOWING
SPORTS:**



- ◆ **BADMINTON**
- ◆ **BALLET**
- ◆ **FOOTBALL**
- ◆ **GYMNASTICS**
- ◆ **KICK BOXING**
- ◆ **NETBALL**
- ◆ **SQUASH**
- ◆ **STREET DANCE**
- ◆ **TABLE TENNIS**
- ◆ **TENNIS**
- ◆ **TRAMPOLINE**



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DETAILS & BOOKING FORM
REDBRIDGE SPORTS & LEISURE
Kids Activity Programme 2012

Child's Name: Date of Birth:

Age: Home Address:

Postcode: Home Telephone No.:

DETAILS OF PARENTS/GUARDIANS/CARERS

(1) Parent's/Guardian's/Carer's Name:

Address (if different from above) :

Postcode:..... Email:

Place of Work: Work Number:

Mobile Number:

(2) Parent's/Guardian's/Carer's Name:

Address (if different from above) :

Postcode:..... Email:

Place of Work: Work Number:

Mobile Number:

Emergency contact/number's (other than parent/guardian/carer):

Name of person who usually collects the child:

Other person(s) who may collect the child Password

Other person(s) who may collect the child Password

Further information (if necessary)

Details of who has legal contact with the child

Details of who has parental responsibility for the child

Details of who the child usually lives with

CHILD'S DOCTOR/GP DETAILS

Name & Address:

..... Phone Number:

CLINIC/HOSPITAL CONTACT (if applicable)

Name Phone No.

HEALTH INFORMATION

Does your child have any health/medical needs and if yes please give details of child's symptoms:

.....
.....

What medication does the child usually have (details recorded on Parental Permission Form):

.....

Any follow up care required:

.....



DETAILS & BOOKING FORM
REDBRIDGE SPORTS & LEISURE
Kids Activity Programme 2012

Special dietary requirements. Preferences or food allergies

Spoken language at home

Child's religion/culture

Anything else our staff should know about your child e.g likes, dislikes, fears

Do you give permission for our coaches to give sterile hypo-allergenic plasters to your child?
 (Please tick box) Yes I give permission No I do not give permission

A parental permission form MUST be completed should any medication be held by a child or coach. PARENTS SHOULD NOTIFY THE SETTING OF ANY CHANGES TO THESE DETAILS IMMEDIATELY & PLEASE BE AWARE THAT ALL CHILDREN TAKING PART IN ANY OF OUR MULTI -SPORT COURSES MUST BE 5 YEARS AND OVER AT THE TIME OF BOOKING

PARENT/GUARDIAN/CARER SIGNATURE:

Name	Course/Code	Cost
TOTAL:		

If you would like your child to be in the same group as friends/family please state their names:

I understand Parents Guidelines **Yes/No** Centre Member: **Yes/No**

Photograph Permission: *We occasionally take photos of some of the activities for future use in advertising the KAP programme. This advertising can include our website, brochures, posters within the Centre and the local press. Photos will be retained for a maximum of 12 months. You will be sent copies of any articles printed.*

I DO / DO NOT give Redbridge Sports & Leisure permission to photograph my child.

Signature of Parent/Guardian:Date:

REFUNDS WILL NOT BE GIVEN FOR LATE CANCELLATIONS

FOR OFFICE USE ONLY: Please attach copy of receipt

Amount Received: Chq/Cash/Visa

Date: Reception Initials: