

Coaching and Cardio Classes

Class	Standard	Day	Time
Cardio Tennis	All Standards	Monday	7-8pm
Ladies and Gents Morning	Intermediate/Advanced	Tuesday	10am-12pm
Advanced Coaching	Advanced	Tuesday	7pm-9pm
Drills Tennis	Intermediate/Advanced	Thursday	7pm-8pm
Advantage Tennis	Advanced	Thursday	8pm-9:30pm
Drills Tennis	Intermediate/Advanced	Sunday	10am-11am

Social Tennis Timetable

Day	Times	Standard
Monday	10am-1pm	Intermediate
Tuesday	12pm-3pm	All Standards
Thursday	1pm-4pm	All Standards
Friday	1pm-4pm	All Standards
Saturday	10am-1pm	Intermediate

For more details please contact jack@rslonline.co.uk.

