

OCTOBER

HALF-TERM 2019 KAP



Redbridge Sports & Leisure are pleased to offer the Multi Sport programme for children to participate in during the October 2019 half-term. All the children that take part in the programme will experience professional coaching within excellent facilities.

The Multi Sport programme is an excellent combination of all the sports we offer including trampoline, football, cricket, badminton and fun games for the younger ones. The priority for our programme is to provide enjoyment for your child whilst learning new sports and social skills. Specialist courses are also available in Badminton, Netball & Tennis.

Children can develop both skills and interest in their favourite sport, and you will be safe in the knowledge that their participation will add to your child's healthy lifestyle.

Monday 21st - Friday 25th October 2019



PLEASE BE AWARE THAT ALL CHILDREN TAKING PART OUR MULTI SPORTS PROGRAMME

MUST BE 5 YEARS AND OVER AT THE TIME OF BOOKING

Redbridge Sports & Leisure, Forest Road, Barkingside, Essex, IG6 3HD

To book phone 020 8498 1010 or email: kap@rslonline.co.uk

MULTI-SPORTS

MONDAY 21ST - FRIDAY 25TH OCTOBER

AGE: 5-14 YEARS 9.30am -3.30pm

Weekly £97.00 Member
 £105.00 Non-member

Daily Price: £27.50 Member
 £29.25 Non-Member

EXTENDED MULTI-SPORTS

8.00am - 6.00pm

Weekly £128.50 Member
 £136.00 Non-Member

Daily Price: £36.50 Member
 £38.40 Non-Member

TENNIS ACTIVITIES

MON 21ST OCTOBER - FRI 25TH OCTOBER

TOTS TENNIS

These sessions will enable tots to learn the basics of tennis through a series of fun activities based on the fundamental areas of balance, co-ordination, agility, movement & racket and ball skills.

AGE: 4-8 YEARS 10.00am - 11.00am

Weekly : £35.60 Member/ £38.40 Non-Member

TENNIS

Includes introduction to technique, tennis fitness and fun games aimed at improving co-ordination.

AGE: 9-11 years 11.00am - 12.30pm

AGE: 12+ 12.30pm - 2.00pm

Weekly:£53.40 Member/£57.60 Non-Member

GIRLS 3-DAY NETBALL CAMP

Week 1 Wed 23rd, Thurs 24th & Fri 25th October

Week 2 (Additional netball week to accommodate

Epping Forest School holidays)

Tues 29th, Weds 30th & Thurs 31st October

(3 Day Course)

AGE: 8-11 years 10.00am-12.30pm

3 Day Course Cost: £26.55 Members
 £29.70 Non-Member

BADMINTON 3 DAY CAMP

During the October half term we are running a three day "camp" where players from 7 to 17 can learn new skills and develop their badminton in a fun environment.

Tues 22nd, Wed 23rd & Thurs 24th October

(3 day course)

Under 11's: 10.00am-12.00pm

Over 11's : 1.00pm -3.00pm

3-Day Course Cost: £30.25 Members
 £34.25 Non -Member



Please ensure that your son/daughter wear s *appropriate sports clothing (i.e. no jewellery, denim or baggy clothing & long hair tied back)*. Please ensure your son/daughter brings a bottle of water with a sports cap, as they will need to keep hydrated throughout the lesson.

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DETAILS & BOOKING FORM
REDBRIDGE SPORTS & LEISURE
Kids Activity Programme 2019

Child's Name: Date of Birth:

Age: Home Address:

Postcode: Home Telephone No.:

DETAILS OF PARENTS/GUARDIANS/CARERS

(1) Parent's/Guardian's/Carer's Name:

Address (if different from above) :

Postcode:..... Email:

Place of Work: Work Number:

Mobile Number:

(2) Parent's/Guardian's/Carer's Name:

Address (if different from above) :

Postcode:..... Email:

Place of Work: Work Number:

Mobile Number:

Emergency contact/number's (other than parent/guardian/carer):

Name of person who usually collects the child:

Other person(s) who may collect the child Password

Other person(s) who may collect the child Password

Further information (if necessary)

Details of who has legal contact with the child

Details of who has parental responsibility for the child

Details of who the child usually lives with

CHILD'S DOCTOR/GP DETAILS

Name & Address:

..... Phone Number:

CLINIC/HOSPITAL CONTACT (if applicable)

Name Phone No.

HEALTH INFORMATION

Does your child have any health/medical needs and if yes please give details of child's symptoms:

.....
.....

What medication does the child usually have (details recorded on Parental Permission Form):

.....

Any follow up care required:

.....



DETAILS & BOOKING FORM
REDBRIDGE SPORTS & LEISURE

Kids Activity Programme 2019

Special dietary requirements. Preferences or food allergies

Spoken language at home

Child's religion/culture

Anything else our staff should know about your child e.g likes, dislikes, fears

Do you give permission for our coaches to give sterile hypo-allergenic plasters to your child? (Please tick box) Yes I give permission [] No I do not give permission []

A parental permission form MUST be completed should any medication be held by a child or coach. PARENTS SHOULD NOTIFY THE SETTING OF ANY CHANGES TO THESE DETAILS IMMEDIATELY & PLEASE BE AWARE THAT ALL CHILDREN TAKING PART IN ANY OF OUR COURSES MUST BE 5 YEARS AND OVER AT TIME OF BOOKING

PARENT/GUARDIAN/CARER SIGNATURE:

Table with 3 columns: Name, Course/Code, Cost. Includes a TOTAL row.

If you would like your child to be in the same group as friends/family please state their names:

I understand Parents Guidelines Yes/No [] Centre Member: Yes/No []

Photograph Permission: We occasionally take photos of some of the activities for future use in advertising the KAP programme. This advertising can include our website, brochures, posters within the Centre and the local press. Photos will be retained for a maximum of 12 months. You will be sent copies of any articles printed.

I DO / DO NOT give Redbridge Sports & Leisure permission to photograph my child.

Signature of Parent/Guardian:Date:

REFUNDS WILL NOT BE GIVEN FOR LATE CANCELLATIONS

FOR OFFICE USE ONLY: Please attach copy of receipt

Amount Received: Chq/Cash/Visa

Date: Reception Initials: