

| Class | Day       | Time of class     |                                    |
|-------|-----------|-------------------|------------------------------------|
| B1    | Wednesday | 4.30pm - 5.30pm   | Beginner                           |
| B2    | Wednesday | 5.30pm - 6.30pm   | Beginner                           |
| B3    | Monday    | 4.30pm - 5.30pm   | Beginner                           |
| B4    | Monday    | 7.00pm - 8.00pm   | Beginner                           |
| B5    | Thursday  | 6.00pm - 7.00pm   | Beginner                           |
| B6    | Thursday  | 4.30pm - 5.30pm   | Beginner                           |
| B7    | Saturday  | 9.00am - 10.00am  | Beginner                           |
| B8    | Saturday  | 10.00am - 11.00am | Beginner                           |
| B9    | Saturday  | 11.00am - 12.00pm | Beginner                           |
| B11   | Wednesday | 6.30pm - 8.00pm   | Beginner +                         |
| B12   | Monday    | 5.30pm - 7.00pm   | Beginner +                         |
| B13   | Thursday  | 4.30pm - 6.00pm   | Beginner +                         |
| B21   | Tuesday   | 4.30pm - 6.00pm   | Intermediate                       |
| B22   | Tuesday   | 6.00pm - 7.30pm   | Intermediate                       |
| B23   | Saturday  | 12.00pm - 1.30pm  | Intermediate                       |
| B31   | Saturday  | 1.30pm - 3.00pm   | Intermediate +                     |
| B32   | Friday    | 4.30pm - 6.00pm   | Intermediate +                     |
| B33   | Friday    | 6.00pm - 7.30pm   | Intermediate +                     |
| B34   | Friday    | 5.30pm - 7.00pm   | Advanced                           |
| B35   | Monday    | 8.00pm - 10.00pm  | Advanced                           |
| BT1   | Thursday  | 5.30pm - 7.00pm   | Teenagers                          |
| BT2   | Sunday    | 1.30pm - 3.00pm   | Teenagers                          |
| BT3   | Sunday    | 3.00pm - 4.30pm   | Teenagers                          |
| BT4   | Sunday    | 4.30pm - 6.00pm   | Teenagers                          |
|       |           |                   |                                    |
| MS1   | Monday    | 5.00pm - 6.30pm   | Mini Squad[by invite only]         |
| MS2   | Monday    | 6.30pm - 8.00pm   | Mini Squad[by invite only]         |
| MS3   | Tuesday   | 4.30pm - 6.00pm   | Mini Squad[by invite only]         |
| MS4   | Tuesday   | 6.00pm - 7.30pm   | Mini Squad[by invite only]         |
|       |           |                   |                                    |
| PC    | Monday    | 5.00pm - 9pm      | Performance Squad [by invite only] |
| PC    | Tuesday   | 5.00pm - 9pm      | Performance Squad [by invite only] |
| PC    | Thursday  | 5.00pm - 9pm      | Performance Squad [by invite only] |