

## **Coaching & Cardio Classes**

Tuesday 10am to 12pm
Ladies and Gents Morning

Wednesday 7.30pm to 9pm
Advantage Tennis - Intermediate/Advanced Coaching

Sunday 11am to 12pm Adult Beginners

## **Social Tennis Timetable**

Monday - 10am to 1pm

Friday - 1pm to 4pm

Saturday - 10am to 12pm

All standards welcome

For more details please contact gemma@rslonline.co.uk

